



Newsletter

APRIL 2010

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National Child Abuse Prevention Month

April is National Child Abuse Prevention Month, a time to support children and families in our communities across the state. Since 1983, a variety of child welfare organizations have combined efforts in promoting awareness about this important public health issue on an annual basis.

Visit www.childwelfare.gov/preventing for great resources in promoting this special month's mission, including Tip Sheets in both English and Spanish surrounding the following issues:

- **Bonding With Your Baby**
- **Dealing With Temper Tantrums**
- **Connecting With Your Teen**
- **Teen Parents... You're Not Alone**
- **Ten Ways to Be a Better Dad**
- **Raising Your Grandchildren**



Partnership Updates and Upcoming Events

Next PSM Quarterly Meeting - Marriottsville, MD - April 27, 2010

<p><i>Promoting Safe Behaviors: How Can Behavior Change Theory Help?</i></p> 	<p><i>Adding Power To Our Voices: Framing Messages in Communicating About Injury</i></p> 	<p><i>Media Advocacy: Getting Your Issue Covered</i></p> 
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**Download the registration form at the PSM website,
or call 410-767-6779 for more information**

2010 Injury Prevention Summit
SAVE THE DATE
Tuesday, June 22, 2010
Location/Times: TBA

**Johns Hopkins 18th Annual
Summer Institute**
"Principles and Practice of Injury Prevention"
June 6-9, 2010 in Baltimore, MD
www.jhsph.edu/injurycenter



30 WAYS TO STRENGTHEN FAMILIES

IDEAS FROM THE CHILD WELFARE INFORMATION GATEWAY (WWW.CHILDWELFARE.GOV)

Many of us engage with families on a regular basis through our work, faith-based organizations, schools, and other community activities. Consider these ideas for encouraging parents throughout this month and beyond.

April 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Create a comfortable place for families to meet and talk.	2 Invite a community partner to present a new resource for families.	3 Help a parent "catch their child being good."
4 Create a calendar of community events for families.	5 Train your staff on how trauma and loss affect children.	6 Learn about parenting practices of a different culture.	7 Help parents set goals and solve problems.	8 Host a potluck or cultural celebration.	9 Update your resource directory.	10 Create a board game library for families.
11 Remember something special about every parent you serve.	12 Teach kids to resolve conflicts peacefully.	13 Talk to parents in your program about discipline alternatives.	14 Recognize parent accomplishments.	15 Encourage parents to support each other through phone trees, car pools, or play groups.	16 Create a handout for families with community resources linked to each protective factor.	17 Ask children who's important to them.
18 Create opportunities for parents to contribute to your program.	19 Add children's books about feelings to your program's library.	20 Praise good parenting when you see it.	21 Make "How are you?" phone calls to families in the program.	22 Organize "stroller walks" with new parents. Talk about their challenges as you walk.	23 Let parents use the center's computers for personal business (e.g., writing resumes, email).	24 Host a play date for parents and children. Point out how the activities build connections.
25 Hold your next event or support group at the local laundromat.	26 Role play emotions with kids—what do you do when you're happy, sad, or frustrated?	27 Have parenting tips handy for parents dealing with a challenging issue.	28 Invite someone in to help parents learn about managing stress.	29 Create a "positive parenting club" where parents can share their success stories.	30 Visit a program where you refer families, so you'll know what it's like.	

WANT TO LEARN MORE ABOUT PREVENTING INJURIES?



There is a NEW, **FREE** resource available for you!

<http://teach-vip.edc.org/>

TEACH-VIP E-Learning is an online portal into a variety of courses surrounding various issues within violence and injury prevention. Sample modules include: Child Maltreatment, Measuring Injuries, Trauma Care Systems, etc.

Log on today to check out these and other elements of the curriculum, all developed by the World Health Organization and the Education Development Center, Inc.